

Early Childhood

The Early Childhood section of our local resources for parents provides you with classes and services offered on the westside.

Well Baby Center

Low fee, sliding scale classes and counseling services for expecting and new mothers, fathers, and families including our popular Mindful Parenting Groups for toddlers, Becoming Social (a preschool-readiness parent-child group), as well as Loving Discipline – mindfulness-based parenting classes, and parent and me Swell Baby Music class.

12316 Venice Blvd, Mar Vista, CA 90066.

310.402.2229

www.wellbabycenter.org

A Place for Parents/YWCA

A Place For Parents is a part of the Santa Monica YWCA and offers Toddlers/Infants & Me Classes for parents and children together and parenting classes for parents only. Cottage Activity Time (2 hour drop-off groups for 2 1/2 year olds) is a program based on supporting development through playwhere social skills and conflict resolution skills are emphasized. The group supports the separation process between parent and child. (Children do not have to be toilet trained.)

310.452.3881

2019 14th St. Santa Monica, CA 90405

www.smywca.org

Airport Marina Counseling Services

Community mental health center offering counseling and psychiatric services to families, children and couples. Provides crisis intervention groups. Also offers assessment and evaluation services, psychological and psycho-educational testing. Spanish spoken.

310.670.1410

7891 La Tijera Blvd. Westchester, CA 90045

www.airportmarina.org

Antioch University Counseling Center

Community counseling center including services to parents, families, and groups. Also has services for the international community and the Gay/Lesbian/Transgender/Bisexual community.

310.574.2813

400 Corporate Pointe Culver City, CA 90230

<http://www.antiochla.edu/campus-life/au-counseling-center/>

Campion Counseling Center

Under the umbrella of the Ocean Park Community Center, this counseling center offers mental health services including assessment and counseling for children and families. Programs include Playroom Therapy for children 4 years and older to learn to express themselves and increase their self-esteem.

310.828.6007

1453 16th St. Santa Monica, CA 90404

www.opcc.net

Cedars-Sinai Hospital Psychiatric Mental Health

Inpatient and outpatient mental health services for children, infants and their families.

310.423.3411

8730 Alden Dr., Plaza Level Los Angeles, CA 90048

www.cedars-sinai.edu

Center for the Developing Mind

Offers education, therapeutic services and family support for children 0-22 yrs impacted by developmental and/or regulatory disorders.

310.652.7581

2990 South Sepulveda Blvd., Suite 308, Los Angeles, CA 90064

www.centerforthedevelopingmind.com

Children's Collective

Offers educational and case managed family support services to children and their families. Programs also include childcare, preschool and aftercare programs as well as child and family advocacy.

310.733.4388

5870 W. Jefferson Blvd., Suite C Los Angeles, CA 90016

www.childrencollective.org

Compassionate Friends/L.A.

Nationwide organization offers support groups for parents and children who have lost a child/sibling.

310.474.3407

PO Box 67823, Los Angeles, CA 90067

www.compassionatefriends.org

Connections for Children

Childcare resource and referral agency for professionals and parents. Provides free referrals and financial assistance for families in need.

310.452.3325

2701 Ocean Park Blvd., Suite 253 Santa Monica, CA 90405

www.cfc-ca.org

Didi Hirsch Community Mental Health

Outpatient mental health center offering therapy and substance abuse support for families.

Offers specialized mental health services for children including individual, group, and family therapy, as well as case management and medication management. Also offers parenting classes, particularly to monolingual Spanish-speaking parents that incorporate information on positive and effective discipline techniques, child development, anger management, and supportive resources.

213.381.3626

4760 South Sepulveda Blvd. Culver City, CA 90230

www.didihirsch.org

Early Childhood Parenting Center

Developmental parent/toddler groups. Services are attachment based – helping parents to better connect with their children.

310.310.8646

1440 Harvard St. Santa Monica, CA 90404

<http://www.ecpcla.org>

Edelman Westside Mental Health Center

Child and family mental health services including medication management, crisis intervention, and support groups. Accepts Medi-Cal.

310.966.6610

11080 W. Olympic Blvd Los Angeles, CA 90064

<http://www.semel.ucla.edu/site/edelman-westside-mental-health-center>

Exceptional Children's Foundation

An organization that serves individuals with developmental disabilities, including children.

310.204.330

8740 Washington Blvd. Culver City, CA 90232

www.ecf.net

Family Resource Counseling Center

Counseling resources including those for couples, families, and children.

310.479.9798

11500 W. Olympic Bl., Suite 420 Los Angeles, CA 90064

www.frccla.com

Family Services of Santa Monica

A non-profit organization with counseling, therapy, family service social workers, parenting groups, and employee assistance programs for children and adults. Now merged with Vista Del Mar.

310.451.9747

1533 Euclid Street in Santa Monica.

<http://www.vistadelmar.org/family-services-of-santa-monica/>

Habla Blah Blah

Child-centered classes that offer a playful, organic approach for monolingual children and their caregivers to learn another language.

310.748.5771

www.hablalahblah.com

The Help Group

Agency serving children over 3 years with special needs through education, counseling and assessments. Accepts Medi-Cal and AB 3632 when applicable.

877.994.3588

12099 W. Washington Blvd. Los Angeles, CA 90066

www.thehelpgroup.org

Insight LA

Mindfulness meditation and education center that teaches classes and workshops for families with young children. Mindfulness-based Stress Reduction (MBSR) program is offered at Well Baby Center, 12316 Venice Blvd. Mar Vista, Ca 90066 310-402-2229. To register, please call

310.774.3325

2633 Lincoln Blvd. Santa Monica, CA 90405

www.insightla.org

LA Child Development Center

Non-profit organization provides accessible, affordable mental health services to families with children who could otherwise not afford these services through a school-based early identification and intervention program.

310.477.8620

2014 Sawtelle Blvd. Los Angeles, CA 90025

www.lacdc.net

The Maple Counseling Center

Mental health facility offers sliding scale psychotherapy for infants, children, families and groups. Also offers effective parenting classes, Mindful Parenting Groups and Reflective Parenting Workshops.

310.271.9999

9107 Wilshire Blvd., Lower Level Beverly Hills, CA 90210

www.tmcc.org

Mini Yogis

Mobile yoga studio offers classes for parent and child together.

310.478.2266

various locations throughout West Los Angeles

www.miniyogis.com

Open Paths Counseling Center

Outpatient therapy and support including therapy for children and families. Offers domestic violence and anger management classes, parenting classes, counseling and school programs for at-risk youth.

310.398.7877. Spanish line 310.967.6090

12655 W. Washington Blvd. Suite 101 Los Angeles, CA 90066

www.openpaths.org

Our House

Grief support groups for adults and children.

310.475.0299

1663 Sawtelle Blvd., Suite 300 Los Angeles, CA 90025

www.ourhouse-grief.org

Pacific-Asian Counseling Services

Multicultural counseling center offering services to low income youth and families.

310.337.1550

8616 La Tijera Blvd., Suite 200 Los Angeles, CA 90045

www.pacsla.org

Parenting Pathways

A child development specialist who provides private consultations, parenting groups and seminars.

310.445.1280

847 Greentree Rd. Pacific Palisades, CA 90272

www.parentingpathways.com

RIE Groups

Classes encourages toddlers to become attentive, active, exploring persons who are self-rewarded in the mastery of new tasks. Classes take place in eight-week sessions and are limited to seven infants and their parents.

310.392.2462

(Various locations throughout West Los Angeles)

www.rie.org

SmartStart Development Learning Center

SmartStart is a DIR school, based on the DIR/Floortime principles of Dr. Stanley Greenspan. They will direct parents towards resources that may be able to help fund their child's services. For instance, 18 months – 3 years, children who are Regional Center clients may be eligible for funding through their local Regional Center. After 3 years, families may pursue funding for our Non-Public School through their local school district. Children who are Regional Center clients may also receive funding for behavioral services.

310.452.5437

2505 Lincoln Blvd. Santa Monica, CA 90405

www.smartstartschool.com

SMMUSD/Infant and Family Support Program/Childcare and Development Services

Division of the Santa Monica/Malibu Unified School District providing parent and child programs in local parks and schools, community special events and health insurance application assistance.

310.399.5865

1649 16th St. Santa Monica, CA 90404

www.smmusd.org

Sojourn

Hotline and shelter for battered women and their children.

310.264.6644

1453 16th St. Santa Monica, CA 90404

www.opcc.net

St. Joseph's Center Early Learning Center

ELC serves 32 homeless, formerly homeless, and low-income children ages 18 months to five years. One classroom serves toddlers (age 18-36 months) and the other serves preschoolers (three to five year-olds). With a focus on children's cognitive, emotional and social development, as well as physical health and nutrition, the program consults with a licensed clinical social worker, who helps staff and parents to address developmental issues of concern.

310.396.6468

204 Hampton Dr. Venice, CA 90291

www.stjosephctr.org

St. John's Child and Family Development Center

A child-centered and family-focused center geared to meet the needs of children and also to address the issues and needs of family members. Services include brief family psychotherapy, therapy groups for children, groups for their parents, psychiatric evaluations and medication support, psychological testing, and psycho-educational evaluations. Accepts Medi-Cal and Healthy Families.

310.829.8921

1328 22nd St. Santa Monica, CA 90404

www.stjohns.org

St. Joseph's Center Infant Toddler Development Center

Program provides bilingual, all-day, licensed childcare to 23 children with an emphasis on cognitive, emotional and physical development. The program serves homeless and very low-income families, who also benefit from regular parenting classes and access to St. Joseph Center's entire array of family-oriented programs.

310.452.8481

204 Hampton Dr. Venice, CA 90291

www.stjosephctr.org

St. Joseph's Center

Family service center for low-income and homeless families. Services include childcare, therapy and a foodbank.

310.396.6468

204 Hampton Dr. Venice, CA 90291

www.stjosephctr.org

Therapy West

This organization serves children with special needs. Program includes occupational, speech/language and physical therapy.

310.337.7115

8717 Venice Blvd. Los Angeles, CA 90034

www.therapywest.org

Twinsight

Offers classes and workshops to help families with the unique needs that come with parenting multiples.

310.458.1373

1137 2nd St., Suite 109 Santa Monica, CA 90403

www.twinsight.com

UCLA NIPH Spanish Psychiatric Clinic

Clinic offers psychological evaluation, therapy, psychosocial interventions, parent education and psychiatric services to Hispanic patients.

310.825.6501

300 UCLA Medical Plaza, Suite 2232 Los Angeles, CA 90095

www.uclahealth.org

UCLA Psychological Clinic

Counseling center serving children and families.

310.825.2305

P.O. Box 951563, 2191 Franz Hall, Los Angeles, CA 90095

www.psych.ucla.edu/center-and-programs/clinic

Venice Family Clinic/Venice Family Health Center

Clinic providing mental health and childcare services to low income families. Programs include: Women's Health, Children First, and Pediatric Child Development. Women's Health focuses on prenatal care. Children First is a comprehensive child development program through strengthening the family, parent education and parent empowerment. The Pediatric

Child Development program offers tailored case management to children and families in need. The clinic also has an Early Head Start Program.

310.392.8636

604 Rose Ave. Venice, CA 90291

www.venicefamilyclinic.org

Vista Del Mar Child/Family Services

Offers counseling services including for children and families as well as parenting education classes. Placement services include foster-care and adoption. Medi-Cal accepted.

310.836.1223

3200 Motor Ave. Los Angeles, CA 90034

www.vistadelmar.org

Vista Del Mar/Reiss Davis Child Study Center

Serves children with mild to severe behavioral problems, emotional problems and learning disorders. Services range from assessment to family and child therapy. Grandparenting classes offered for support in raising young children.

310.836.1223

3200 Motor Ave. Los Angeles, CA 90034

www.vistadelmar.org

Vista Del Mar/Julia Ann Singer Center

Outpatient division of Vista Del Mar serving clients with learning disorders, developmental disabilities and emotional problems, as well as serving abused and neglected children and their families.

310.836.1223

3200 Motor Ave. Los Angeles, CA 90034

www.vistadelmar.org

Westchester Parents' Nursery School

Westchester Parents' Nursery School's program focuses on both child and family. They provide a class curriculum that promotes each child's unique learning style. They also have You & Me classes for parents and children ages 15 months to 2.5 years. This class helps both parents and children get ready for the transition to preschool.

310.670.5522

7300 Manchester Ave. Westchester, CA 90045

<http://www.wpns.org/youandme/>

Westside Children's Center

Offers foster care and adoption services, infant and family mental health, family support services that offer case management, therapy and child specialists to families in need, as well as affordable childcare through their Early Care and Education program.

310.390.0551

12120 Wagner St. Culver City, CA 90230

www.westsidechildrens.org

Westside Regional Center

Regional center offers a range of services for children with developmental disabilities including free assessment and testing, case management, behavioral management programs, counseling and therapy. Insurance and Medi-Cal accepted.

310.258.4000

5901 Green Valley Circle, Suite 320 Culver City, CA 90230

www.westsiderc.org

YMCA/Santa Monica Westside Locations

The Santa Monica Family YMCA is dedicated to serving its members by providing programs and services that enrich the quality of the physical, mental, spiritual, and social lives of individual members, their families, and communities.

310.393.2721

1332 6th St. Santa Monica, CA 90401-1604

www.ymcasm.org

If there is an activity or service offered within the geographic boundaries of the Westside that is not listed, or is outdated, please send an e-mail to: webmaster@wellbabycenter.org.